



Mental Health, Substance Use and Respite Programs Serving Thornton

Mental Health

Community Reach Center

303-853-3500

CommunityReachCenter.org

Community Reach Center provides a variety of mental health care services to children and adults at multiple locations. Services include but are not limited to individual and group services for all ages; intensive outpatient therapy; vocational services; substance abuse treatment; justice, accountability and recovery program. Medicaid, Medicare, CHP+ and many other insurances are accepted. Services can also be offered on a sliding scale for people without insurance. Walk-in is on a first-come, first-served basis for an initial evaluation at either the Brighton or Huron Street office.

Regis Center for Counseling and Family Therapy

500 E. 84th Ave., Thornton

303-964-5786

macplab@regis.edu

regis.edu/about/regis-in-the-community/center-for-counseling-family-therapy

The Regis Center for Counseling and Family Therapy offers low-to no-cost counseling services for members of our surrounding community. As a client at the Center for Counseling and Family Therapy, you will develop an authentic and growth-oriented relationship with your therapist, while growing your own base of life-skills derived from the latest research and best practices offered in the field.

Clinica Family Health

303-650-4460

8990 Washington St., Thornton

clinica.org/patient-visitor-info-2-overview/#behavioral-health-care

The licensed behavioral health providers are available for support during your primary care visit and can provide interventions to help with a mental health diagnosis, life transitions, chronic health conditions, chronic pain, stress, grief, and anything else you might need support with.

In-Home Resiliency and Support Services (IRSS)

Brandon Buenavidez, 303-853-3723

B.Buenavidez@CommunityReachCenter.org

IRSS provides community-based and in-home treatment services for children, adolescents and young adults (ages 3 to 21) in Adams County who are experiencing distress related to trauma. Services follow the research-based Trauma Systems Therapy model. IRSS engages the individual's family and other members of their support system.

Pediatric Mental Health Institute

720-777-6200

childrenscolorado.org/doctors-and-departments/departments/psych

The Pediatric Mental Health Institute is dedicated to making a positive impact in the lives of children and adolescents by expanding the reach of evidence-based, family-focused mental health care.

Colorado Crisis Services Westminster Walk-In Clinic

2551 W. 84th Ave., Westminster

844-493-8255

coloradocrisiservices.org

This organization is a walk-in crisis center that offers confidential, in-person crisis support, information, and referrals to anyone in need 24-hours-a-day, 7-days-a-week. Crisis services are available regardless of one's ability to pay. If an individual has private insurance, a co-payment may be required depending on the plan coverage. No one will be turned away for crisis services. A co-payment is not required at the time of service.

Colorado Crisis Services Hotline, Chat and Text Services

1-844-493-8255

ColoradoCrisisServices.org

Colorado Crisis Services provides crisis response through telephone, text, and chat for community members with mental health or substance abuse questions, concerns, or emergencies. They will dispatch the Mobile Crisis Service to the caller's area if needed for onsite intervention. Call the crisis line at 1-844-493-8255; text "talk" to 38255; or begin an online chat at coloradocrisiservices.org (chat services available from 4 p.m.-12 a.m. daily.)

Suicide Prevention Hotline

1-800-273-8255

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24-hours-a-day, 7-days-a-week.



Veterans Crisis Line

1-800-273-8255

VeteransCrisisLine.net/Chat

The Veterans Crisis Line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service. Dial 1-800-273-8255 and press "1" to talk with someone. Send a text message to 838255 to connect with a VA

responder. Start a confidential online chat session at VeteransCrisisLine.net/Chat.

The NAMI Helpline

800-950-NAMI (6264)
(M-F, 10 a.m.-6 p.m. ET)
info@nami.org

NAMI is a free, nationwide peer-support service providing information, resource referrals and support to people living with a mental health conditions, their family members and caregivers, mental health providers and the public. Helpline staff and volunteers are experienced, well-trained and able to provide guidance.



- They understand, many from their own experiences listen and offer support.
- They are informed on NAMI Programs, NAMI Support Groups and locate your local NAMI Affiliate.
- They are trained to help identify the best resource options for your individual concern.
- They are knowledgeable and a source of accurate information about relevant topics.

SAMHSA's National Helpline

1-800-662-HELP (4357)/ TTY: 1-800-487-4889
info@nami.org

SAMHSA's National Helpline, also known as the Treatment Referral Routing Service is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

National Domestic Violence Hotline

1-800-799-7233
thehotline.org

The National Domestic Violence Hotline provides crisis intervention; information and referral; and safety planning to victims of domestic violence and individuals who assist victims nationwide through a hotline and online chat. Hotline advocates are available to callers 24/7, 365 days a year, and assistance is free and confidential.

National Sexual Assault Hotline

800-656-HOPE (4673)
hotline.rainn.org/online (Crisis Chat Support)

Connect with a trained staff member from a sexual assault service provider 24/7, at no cost in your area.

Support Groups

In-Person Friends & Family Support Group

303-853-3770

[Sheryl Bain, s.bain60@gmail.com](mailto:s.bain60@gmail.com)

A group of families, friends and individuals who are touched by mental illness. Anyone dealing with a mental illness, including clients, family members and friends, can benefit from the support that Friends & Family Support Group offers. Each meeting includes education about mental illness, current treatments, research, resources and coping strategies. Additionally, there is sharing time when participants discuss the trials and triumphs of living with mental illness.

This group meets the last Wednesday of every month, from 7-9 p.m.

Teleconference Support Group

970-527-3284

[Ethel Leslie, ethel15@gmail.com](mailto:ethel15@gmail.com)

This group meets the 1st and 3rd Tuesday of every month from 7-8:30 p.m.

Richard Lambert Foundation Grief Support Groups

720-408-8417

Info@richardlambertfoundation.org

richardlambertfoundation.org

The Richard Lambert Foundation Family Grief & Healing Center located in Brighton, offers a variety of support services to walk alongside you through your grief journey.

Substance Abuse Treatment

Community Reach Center

303-853-3500

CommunityReachCenter.org

Community Reach Center takes an evidence-based, multidisciplinary approach to substance abuse treatment that combines medication, psychological, educational, and community-based services to address the needs of clients and their families. Treatment is available at any of the Center's outpatient offices, located in Brighton, Commerce City, Northglenn, Thornton and Westminster.

A care team is assembled based on each client's individual needs, and may include any or all of the following:

- Team leader
- Case manager
- Substance abuse specialist
- Counselor
- Physician/psychiatrist
- Nurse
- Vocational counselor
- Housing specialist
- Criminal justice specialist

IDEA

303-996-9966

ideacares.com

IDEA is a counseling center that provides linguistically and culturally appropriate counseling, education, therapy and referral services to prevent and eliminate all forms of abuse. Their mission is to guide individuals and families in addressing behaviors, which impede healthy lifestyles and create generational cycles of substance abuse and family violence.



- Substance Use Disorder Treatment
- Early Recovery
- Relapse Prevention
- Smoking Cessation
- Women's Recovery
- Men's Recovery
- Intensive/Enhanced Outpatient (IOP/EOP)
- Cognitive Behavioral Therapy (CBT)

Behavioral Health Group

303-487-7776

bhgrecovery.com

The Behavioral Health Group's Medication-Assisted Treatment utilizes medications such as methadone, buprenorphine and suboxone in combination with counseling services to provide a comprehensive treatment program for those struggling with opioid addiction. Their team of clinicians work with each patient to develop an individualized treatment plan that empowers patients to take their lives back. While taking part in the outpatient treatment programs, patients have the opportunity to maintain productive lives within their families, jobs and communities.

Magnolia Medical Group

303-502-5880

magnoliamed.com

Magnolia Medical Group is a Denver-based addiction treatment center that specializes in those addicted to opioid and opioid related medications. Their addiction treatment program involves the 12-step process, individual and group counseling, and drug regimens designed to lessen opioid dependency. This is done under the watchful eyes of licensed doctors and counselors with training in these areas.

BAART Programs

720-909-6008

baartprograms.com

The addiction treatment specialists understand that opioid use disorder is a chronic, relapsing disease and recognize the support the patients need to be successful in their recovery. They believe people have the ability to change their lives with the right treatment program and support system. They are committed to provide patients with affordable, quality, evidence-based treatment options that has allowed them to help thousands of patients recover from opioid addiction. The BAART continuum of care includes opioid treatment programs, behavioral health services and integrated primary care in select locations.

Respite Care

Rocky Mountain Human Services

1-844-790-RMHS (7647)

rmhumanservices.org

They utilize human services expertise to improve the health, self-sufficiency and overall quality of life for individuals. Their expertise includes long-term care, assessment and evaluation, case management, clinical therapies, residential support, resource coordination, early intervention and housing stability.

Aging and Disability Resources for Colorado (ADRC)

1-844-COL-ADRC (1-844-265-2372)

ADRC can provide information on the full-range of long-term services and support options available to older adults, including:

- Assisting individuals in planning for their future long-term service and support needs
- Providing options counseling in a person-centered, interactive decision-support process
- Providing coordinated and streamlined access to information and assistance
- Providing personalized and consumer-friendly assistance to empower individuals to make informed decisions

Activity Options LLC

303-358-2592

activityoptions.com

Activity Options creates customized activities, day programs and travel opportunities for adults 18+ experiencing intellectual and developmental disabilities to discover or regain their personal power and health.



Rocky Mountain MS Center: King Adult Day Enrichment Program (KADEP)

303-433-6887

adventuresatkadep.blogspot.com

The RMMSC's King Adult Day Enrichment Program (KADEP) offers several outing opportunities for clients, including Adventure Recreation (AR) overnight trips, AR day trips, AR lock-ins, RTD trips and outing groups.



A-1 Home Care Services

720-504-3030

a1homecare.us

A-1 Home Care provides PASA and non-PASA respite care either in a one-on-one setting or in small groups (such as siblings at the client's home). All ages are eligible for services. They provide services such as toileting, bathing, feeding, dressing, skin care, and assist with ambulation, transfers and oversight.

Angel Group Agency

303-570-3053

angelgroupagency.org

Angel Group Agency services offer a caring place for adults, no matter their disabilities. They will serve a wide-range of intellectual, developmental and physical disabilities in a nurturing and family-like environment, community involvement, personal care, and support and close relationships with care providers. Angel Group Agency creates a caring support system to assist individuals with personal care, meals, finances, medical appointments and community connections. They will also provide self-advocacy training, independent living training, emergency assistance training, travel service and supervision services.

Aurora Mental Health Center

303-617-2468

www.aumhc.org

Offers a wide-variety of referrals to resources regarding: respite, treatment, assessment, education, prevention, vocational training, residential services, and more.

Connect With Us

Thornton Community Connections

9471 Dorothy Blvd.

Monday-Friday, 8 a.m.-5 p.m.

Call: 720-977-5800

Email: Connections@ThorntonCO.gov

Web: gocot.net/Connections
gocot.net/ConnectionsEspanol

Thornton Cares



Thornton Cares

This is a resource platform to help you find the programs and services you need.

Visit thorntoncares.com 24/7.

Please note that any of the community-based resources or service providers listed on the Thornton Cares website (<http://thorntoncares.com>), or to which city staff has provided a referral by email, phone or otherwise, should not be seen as an endorsement or recommendation by the city. Nor can the city guarantee the availability of any such resources or service providers.



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