

CITY OF Thornton Adult Enrichment Programs

Additional classes, events and workshops can be found online at gocot.net/activitiesbrochure.

REGISTRATION IS EASY! Phone: 303-255-7850 or 720-977-5901 • Online: <http://webtrac.thorntonparks.com>

Alaska Discover Land & Cruise

Travel Dates: July 3-14, 2021

Some highlights in this 12 day trip include Denali National Park, Glacier Bay, tundra wilderness tour and so much more!

For more information, visit <https://gateway.gocollette.com/link/1020719>.

To register, contact Jenny Ressler at jenny.ressl@ThorntonCO.gov or 720-977-5852.

WORKSHOPS



CHOCOLATE DESIGN

Learn how to create a bowl and basket out of chocolate and other goodies. Fill them with sweets and treats for your special someone this Valentine's Day. Fees: \$32R/\$34NR

436843-A We Feb 10 6-8:30 p.m. AAC

LEARN THE TRUTH ABOUT REVERSE MORTGAGE

If you are over the age of 62, and own a home, find out all of the many variations and options within the reverse mortgage. Fees: \$10R/\$12NR

436921-B Th Feb 11 9-11 a.m. TWRC



LONG-TERM CARE INSURANCE

Learn the basics of long-term care insurance and why you should start investing in yourself today. Fees: \$5R/\$6NR

431217-B Tu Feb 23 10-11 a.m. TWRC

ZENTANGLE

This is an easy-to-learn relaxing process of drawing beautiful images using structured patterns. Fees: \$30R/\$32NR

431215-C Tu Mar 9 5:30-8:30 p.m. TWRC



TRAIL WINDS BEGINNING LINE DANCE

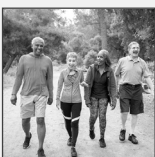
Enjoy a unique and fun way to exercise. Fees: \$16R/\$18NR

436309-C We Mar 10-31 10-11 a.m. TWRC

THE WHOLE FINANCIAL PACKAGE

Learn how to establish savings and get out of debt. We will also discuss retirement. Fees: \$40R/\$42NR

436340-B Sa Mar 13 8:30 a.m.-12:30 p.m. TWRC



STEPPING ON CLASS

This evidence-based program is proven to reduce falls and build confidence. It is designed for people who are 60 years+, who live in their own home or independent apartment, who are able to walk without the help of another person or device. This class is sponsored by HealthONE-Injury Prevention from North Suburban Medical Center. Please call 303-255-7850 by March 10 to register. Free!

Wednesdays Mar 24-May 5, 2021 1:30 p.m. AAC

WORKSHOP LOCATION: Trail Winds Recreation Center (TWRC), 13495 Holly St.
Thornton Active Adult Center (AAC), 11181 Colorado Blvd.

*DUE TO EVOLVING STATE AND COUNTY PUBLIC HEALTH GUIDELINES BECAUSE OF COVID-19,
ALL PROGRAMS AND ACTIVITIES ARE SUBJECT TO CHANGE.*

