

EXPLORATIONS



LECTURES

Programs & Benefits for Seniors (631415-A)

Wed, Oct 8, 1 p.m. Free!

Healthy Snacking Habits (638101-A)

Fri, Oct 24, 1 p.m. Free!

FREE PERFORMANCES

Oktoberfest Performance by Strings & Things

Thu, Oct 2, 12:15 p.m.

Fall Lounge Music with Sara & Chuck

Wed, Oct 29, 2 p.m.

TRIPS

Registration October 2

A Bridgerton Tea Party (632110-A)

Sat, Nov 1, 12-4 p.m. Fees: \$43R/\$45.50NR

Buell Public Media Tour (632113-A)

Mon, Nov 3, 9 a.m.-1:30 p.m. Fees: \$11R/\$13.50NR

Sweetheart Winery Tasting (632106-A)

Tue, Nov 4, 1:30-6:30 p.m. Fees: \$47R/\$50.50NR

Veteran's Tribute Reception (632111-A)

Tue, Nov 11, 10:30 a.m.-1 p.m. Free!

Celestial Seasonings Tour (632112-A)

Tue, Nov 18, 10 a.m.-2 p.m. Fees: \$16R/\$19NR

ACTIVE ADULT CENTER DROP-IN ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Woodcarvers 9 a.m., Weekly	TOPS 9 a.m., Weekly	Bingo 10 a.m., Oct 1 & 29		Bingo 10 a.m., Weekly
Bunco 1 p.m., Oct 27	NEW Chess 10 a.m.-12 p.m. Weekly	Bean Bag Baseball 10 a.m., Oct 15		Bocce Ball 1 p.m., Oct 31
	Puzzle Club 1-4 p.m., Weekly	Mahjong AM & CH 1 p.m., Oct 1, 8 & 15		Scrabble 1-3 p.m., Weekly
	Cards & Games 1 p.m., Weekly	*Friendship Club groups meet in our Lounge by invite only. For other drop in offerings, visit or call the Trail Winds Active Adult Wing, 720-977-5777.		

ENRICHMENT

Photography with Bruce (636320-B) | Ages 18+

Tue, Oct 7, 8 a.m.-1 p.m.

Local Farms

Bruce will guide you through taking beautiful pictures with tips on subject selection, lighting, focus, and other helpful pointers. Don't have an expensive camera? Don't worry! You can even use your cellphone camera! Be prepared to photograph for about 1½ hours. Many of these trips will involve extensive walking on uneven terrain. Fees: \$15R/\$18NR

Chocolate Making with Sima (636821-B) | Ages 18+

Wed, Oct 8, 6-8 p.m.

Join Sima for two hours of sweet fun and learn the history and process of making chocolate while discovering tricks for smoothing, texturing, and shaping chocolate. You'll make delicious pralines, truffles, and ganache as well as temper chocolate, getting creative with the "leftovers" and how to roll and dip your own truffles. Each guest will take home a box of yummy chocolate. Fees: \$45R/\$54NR

Exploring with Grandkids (607930-B)

Sat, Oct 11, 8 a.m.-1 p.m.

Colorado Railroad Museum

Additional museum entry fee required (\$8 Seniors/\$5 kids)

These trips are designed to bring grandparents and grandkids closer together by exploring various interesting locations around the state. Price is per person and van departs from the Active Adult Center. Please plan to bring food and drink, return times can vary depending on traffic. Fees: \$15R/\$18NR

Falafel (636822-B) | Ages 18+

Sat, Oct 11, 12-2 p.m.

In this cooking class, Sima will guide you as you craft a fresh and nutritious spread featuring classic Israeli cooking that is ready fast. We will learn how to make Falafel, tahini in a few ways, spicy green paste, fresh Israeli salad and roasted pepper salad from scratch using fresh ingredients, ending with making a fun dessert. Fees: \$45R/\$54NR

Greeting Card Creation (636216-B) | AGES 55+

Tue, Oct 14, 10-11:30 a.m.

You will create a beautiful set of unique seasonal cards. No experience necessary. Please bring a pair of scissors and adhesive tabs. Adhesives are also available for purchase in class. Fees: \$18R/\$20NR

Marzipan Class (636823-B) | Ages 18+

Sat, Oct 18, 12-2 p.m.

This workshop is all about almonds! You will learn how to make marzipan dough to create pralines and truffles, and for a whimsical twist, model marzipan potatoes and braid a traditional marzipan challah. Enjoy your creations with a cup of homemade hot chocolate drink using almond milk to have with the marzipan. Each guest will take home a box of marzipan they made and the knowledge to make it themselves at home. Fees: \$45R/\$54NR

Gourmet Ghost Charcuterie (636880-A) | Ages 18+

Thu, Oct 23, 6:30-8:30 p.m.

Please join us for this new exciting culinary class! Learn how to fold meats, create roses, make lovely cheese creations, strawberry roses, tomato, and cucumber flowers all on a solid wooden board while sipping specialty drinks and enjoying delicious snacks. The pace is slow, and ingredients are provided. The instructor is both knowledgeable and fun so you can enjoy the learning experience, then you'll be able to take your creation home to your family or friends! Fees: \$45R/\$54NR

Sugar Cookie Decorating (636217-B)

Sat, Oct 25, 1-3 p.m.

Ready to unleash your inner cookie artist? Each month, we'll dive into a new seasonal theme and decorate six cookies using four colorful icings. You'll also pick up some handy tips on royal icing and cookie dough, so you can continue this sweet hobby at home. It's a great way to be creative and enjoy some tasty treats! All supplies are included, just bring your enthusiasm. Fees: \$36R/\$43NR

TRAIL WINDS ACTIVE ADULT CENTER October

EXPLORATIONS AT THE WING 2025



Thornton Community Band Concert

Chamber Winds Fall Concert **Activity # (631423-A)**
 Enjoy an evening of classical music from the Thornton Community Band's Chamber Winds. Led by Director Ned Avery.

Monday, October 27, 6:30-7:30 p.m. **Fees: Free**

Art Class

Halloween Block Painting **Activity # (631207-A)**
 Join Nha Lam for a fun class to paint and decorate three wooden block and discover your creative side. All supplies are included.

Friday, October 10, 1-2:30 p.m. **Fees: \$40R/44NR**

File of Life Program

The Thornton Fire Department will be providing information on the File of Life Program. Come grab a free kit and learn how this simple program can quickly improve quality of care during emergencies.

Monday, October 6, 9:30-11 a.m. **Fees: Free**

Veterans Education | All Ages

Filing a Disability Claim **Drop-in**
 With years of experience Retired Veterans Service Officer, Peter Mortaro is ready to help you navigate the system and get the answers you need—no red tape, just real support.

Wednesday, October 8, 10 a.m. **Fees: Free**

55+ DROP IN ACTIVITIES

Pinochle	Chinese Mahjong	Rummikub	Hand & Foot	Book Club
Mondays 1 p.m.	Tuesdays 1 p.m.	Wednesdays 1 p.m.	Thursdays 1 p.m.	Second Fridays, 1 p.m.
		Euchre Second Wednesdays 1 p.m.		American Mahjong Every Friday, 1 p.m.

WELLNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Massage	Podiatry 4 th Tuesday	Acupuncture 2nd and 3rd Wednesdays	Massage	Reiki 2nd, 3rd and 4th Fridays
		Podiatry-1st Wednesday		
		VNA-4th Wednesday		



13495 Holly St., 720-977-5777
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OCTOBER CLASSES

How to Organize Your Genealogy | Ages 18+ (631437-A)

Mon, October 6, 9:30-11 a.m.

Come learn about the study of Genealogy presented by the Adams County Genealogical Society. Fees: Free.

Easy Sewing Projects | Ages 18+ (Halloween Pillow) (636291-A)

Tue, October 7, 9 a.m.-12 p.m.

These beginning sewing projects are so much fun to try! All sewing classes are taught by Cathy Georgerian at Trail Winds. Sewing machines will be supplied or bring your own! All supplies will be provided unless noted.

Fees: \$25R/\$28NR

You Only Die Once Four Documents | Ages 18+ (636600-A)

Tue, October 7, 5:15-6:30 p.m.

Attorney Jeff Althaus does informational Estate planning seminars and answers your questions to help you understand your options. Do you want to keep your family out of court and save them thousands of dollars in legal fees after you pass? Get information on how to avoid the Probate process, protect your family and get your hard-earned assets to the people you want to inherit them. You'll learn about the main estate planning documents, strategies to avoid tax, and how to keep the government from deciding where your things go when you pass. Fees: Free.

Puritans and the Great Awakening | Ages 18+ (631443-A)

Thu, October 9, 10-11 a.m.

Historical lecture about the Puritans in colonial America. They had a stagnant society with rigid beliefs as to who received God's grace. When an alternative path to salvation became available during the Great Awakening, it led to the demise of the singular Puritan faith. Fees: \$5R/\$6NR

Learn the Harmonica the Easy Way | Ages 18+ (631215-A)

Mon, October 27-November 3, 9:30 a.m. - 11 a.m.

You will need a C Diatonic Harmonica, which can be purchased from the instructor, or you are welcome to bring your own. The harmonica is available for \$6 cash from the instructor. This class takes place on two consecutive Mondays. Fees: \$10R/\$12NR

Edgar Allan Poe: In his own words. | Ages 18+ (631421-A)

Tue, October 28, 10-11 a.m.

Just in time for Halloween! Join storyteller and re-enactor Kurtis Kelly for a spellbinding hour in remembrance of this literary icon. Edgar Allan Poe is legendary for his eerie tales of suspense and as inventor of the modern day detective story. The program begins with Poe's recollections from his tumultuous life and how events influenced his writings! There will be a performance of sections of his many writings. Fees: \$5R/\$6NR

FITNESS

Tai Chi Drop-in Classes | Ages 55+

Mon & Fri, 10-11 a.m.

Tai Chi is a perfect program for anyone because balance is key to living a confident, active and independent life. You will learn balance skills through flowing easy-to-learn Tai Chi movements. Fees: Fitness pass required.

TECH DAYS

Android Assistance

Free half-hour appointments with Nha Lam to provide assistance with and answer questions about your smartphone.

Friday, October, 17 | TWAAC

iPhone Help

Free half-hour appointments with Barb Smith to provide assistance with and answer questions about your iPhone.

Tuesday, October, 7 | TWAAC

CALL FOR APPOINTMENTS:

TWAAC - 720-977-5777