

September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5 Reservations open for September 15-19
AAC CLOSED FOR LABOR DAY HOLIDAY	Sloppy Joe, Seasoned Steak Fries, Broccoli and Walnut Salad, Pickle Spear, Dessert	Seared Atlantic Salmon with Lemon Sauce, Roasted Cauliflower Mash, Green Beans, House Salad, Dessert	Beef Stroganoff with Egg Noodles, Buttered Broccoli, Garlic Bread, Dessert	California Chicken Cobb Salad (Chicken, Bacon, Corn, Egg, Avocado), Soup of the Day, Dessert
8	9	10	11	12 Reservations open for September 22-26
Beef Bourguignon, Braised Carrots and Caramelized Onions, Herb Mashed Potatoes, Dessert	Biscuits and Country Gravy, Scrambled Eggs, Bacon Strips, Hash Brown Patty, Dessert	Crispy Orange Chicken, Steamed Rice, Roasted Vegetables, Carrot and Pineapple Salad, Dessert	Honey Glazed Ham, Pineapple Sage Chutney, Scalloped Potatoes, Roasted Asparagus, Broccoli and Kale Salad, Dessert	Seared Green Chile Polenta Cake, Shredded Chicken, Avocado "Crema" Sauce, Southwest Rice and Black Bean Blend, Dessert
15	16	17	18	19 Reservations open for September-29-October 3
Smoked Beer Brats, Roasted Potatoes with Caramelized Onions and Bell Peppers, Honey Glazed Carrots, Soup of the Day, Dessert	Breaded Chicken Sandwich, House-Made Potato Salad, Tomato & Cucumber Salad, Dessert	Classic Beef, Bacon and Bean Chili, Baked Potato with Cheese and Sour Cream, House Salad, Dessert	Grilled Pork Chop, Roasted Baby Yukon Potatoes, Mixed Vegetables, House Salad, Dessert	Chicken Cacciatore, Caramelized Onion & Bell Pepper Tomato Sauce, Garlic & Herb Mashed Potatoes, Dessert
22	23	24	25	26 Reservations open for October 7-10
BBQ Pulled Pork Sandwich, House-Made Potato Salad, Bacon Green Beans, Dessert	Chicken Fajitas, Pepper & Onions, Flour Tortillas, Spanish Rice and Beans, Mixed Greens Salad, Dessert	BBQ Pork Spare Ribs, Bacon Baked Beans, Home Fries, Coleslaw, Dessert	Meatball Sub Sandwich, Assorted Chips, Kale Pasta Salad, Dessert	Country Fried Steak, Mashed Potatoes and Gravy, Mixed Vegetables, House Salad, Dessert
29	30			
Homemade Salisbury Steak with Mushroom and Caramelized Onion Gravy, Mashed Potatoes, Vegetables, Dessert	Chili Dog (Hot Dog & Side of Chili), Ranch Seasoned Tater Tots, House Salad, Dessert			

MEAL PROGRAM 55+

Lunch is served at the Active Adult Center, Monday through Friday at 12 p.m.

Ages 62+: \$4.25R/\$4.75NR | Ages 55-61: \$5.50R/\$6.50NR

Lunch passes are also available for purchase. See our front desk for details or call 303-255-7850.

- Reserve your meal online at <https://webtrac.thorntonco.gov> or call us at 303-255-7850 and select Option 3 for the Lunch Reservation Line.
- Reservations open two-weeks in advance each Friday NO earlier than 8 a.m. for Thornton residents and 9 a.m. for non-residents.
- Meal transportation is available for Thornton residents 60+ who no longer drive. A Nutrition Assistance Program is available for income-qualifying seniors 55+ to receive 10 free meals per month. Please see Marisol Lang to apply.
- Cancel your reservations by 12 p.m. one business day before to receive a full refund.
- Ingredients or menu items subject to change based upon availability and market values.
- If you need assistance carrying your meal tray, please notify our front desk so a volunteer can assist you.
- Please bring your own container for leftovers.

Frozen Soup & Entrée Sales

The Active Adult Center sells frozen soups and entrees as available! Meals To Go is first come, first served and available Mondays and Wednesdays from 12:30 p.m. to 1:00 p.m. and Fridays from 11:00 a.m. to 11:30 a.m. Reheating instructions/dietary information is provided on the container. Purchases can be made in the Pike's Peak portion of the dining room. Exact change, please. Cash only.

8oz - \$1

16oz - \$2

Entrees - \$3

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please contact staff for more information about these ingredients or scan the QR code below for more information.



Scan this QR Code with your smartphone camera or visit goCOT.net/aac in your web browser for information on Thornton Active Adult activities, programs, trips, lectures, wellness services, special events and more!

