

2024 Summer Drop-In Activities

Adaptive & Inclusive Recreation (AIR) Program

Thornton's AIR Drop-In Activities are designed for individuals with physical or intellectual disabilities, but everyone is welcome to participate.

These activities are included with your daily facility drop-in fee. Please inform the front desk staff that you will be participating in that day's AIR Drop-In program and make sure to reserve your spot for Adaptive Yoga. (Group Games, Not your Average Bingo and Pickleball do not require reservations at this time.)

EVERY TUESDAY

Adaptive Yoga | Trail Winds Recreation Center

10:30-11:30 a.m. No class August 13 due to TWRC maintenance shutdown.

To secure your spot in advance, call 720-977-5901 or sign up at the front desk. You may also go online to gocot.net/registration and select *Register Now > Reservations > CRC & TWRC Fitness Classes*.

SECOND TUESDAY

Group Games | Trail Winds Recreation Center

Bean Bag Toss, Bocce Ball, Yard Dice, Bunco and more!

10:30-11:30 a.m. May 14 | June 11 | July 9 | August 13*

*Group Games will be held at Trail Winds Park Pavilion due to TWRC maintenance shutdown.

THIRD WEDNESDAY

Not Your Average Bingo | Trail Winds Recreation Center

Music, Bingo and more!

10:30-11:30 a.m. May 15 | June 19 | July 17 | August 21

FOURTH THURSDAY

Pickleball | Carpenter Recreation Center

11 a.m.-12 p.m. May 23 | June 27 | July 25 | August 22

