



## GYMNASTICS ATTIRE

- Sticky grip socks are **required** for all levels.
- Gymnastics shoes are acceptable.  
No regular socks, tights or ballet shoes.
- Long hair must be pulled back.
- Remove all jewelry.
- No clothing with buttons or zippers.

### BOYS

T-shirt and shorts with elastic waistband.

### GIRLS

A leotard is preferred for all female participants and is **required** for Level 3 and above.



**THORNTON**  
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