

TRAIL WINDS RECREATION CENTER FALL POOL SCHEDULE

■ Effective Monday, September 26–Sunday, October 30, 2022

POOL SCHEDULES, AMENITIES AND CAPACITIES ARE SUBJECT TO CHANGE BASED UPON STAFFING AVAILABILITY.

MONDAY

- 5:30-7 a.m. **ADULTS ONLY**
Lap Lanes
Lazy River & Hot Tub
- 7-9 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 9 a.m.-1 p.m. **MODIFIED OPEN**
Lap Lanes
All Pools & Hot Tub
- 1-5 p.m. **OPEN SWIM**
No Lap Lanes
All Pools, Hot Tub & Slides
- 5-8:30 p.m. **MODIFIED OPEN**
Aqua All-In | 6-7 p.m.
Minimal Lap Lanes
All Pools, Hot Tub & Slides

TUESDAY/THURSDAY

- 5:30-7 a.m. **ADULTS ONLY**
Lap Lanes
Lazy River & Hot Tub
- 7-9 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 9-1 p.m. **MODIFIED OPEN**
Aqua Fitness | 9-10 a.m.
Minimal Lap Lanes
All Pools & Hot Tub
Swim Lessons | 9:15-11:15 a.m.
- 1-4:30 p.m. **TUESDAY | ALL POOLS CLOSED**
- THURSDAY**
Lap Lanes
All Pools & Hot Tub
- 4:30-7 p.m. **SWIM LESSONS**
One Lap Lane
Adults Only Lazy River & Hot Tub
- 7-8:30 p.m. **ADULTS ONLY**
Lap Lanes
Lazy River & Hot Tub

WEDNESDAY

- 5:30-7 a.m. **ADULTS ONLY**
Lap Lanes
Lazy River & Hot Tub
- 7-8 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub

WEDNESDAY CONTINUED

- 8-9 a.m. **ADULTS ONLY**
Aqua Boot Camp
No Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 9 a.m.-1 p.m. **MODIFIED OPEN**
Lap Lanes
All Pools & Hot Tub
- 1 p.m. **ALL POOLS CLOSED FOR THE
REMAINDER OF THE DAY**
- 6-7 p.m. Aqua Fitness
ALL OTHER AREAS REMAIN CLOSED

FRIDAY

- 5:30-7 a.m. **ADULTS ONLY**
Lap Lanes
Lazy River & Hot Tub
- 7-9 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 9 a.m.-5 p.m. **MODIFIED OPEN**
Lap Lanes
All Pools & Hot Tub
- 5-8:30 p.m. **OPEN SWIM**
No Lap Lanes
All Pools, Hot Tub & Slides

SATURDAY

- 8-9:30 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 9:30 a.m.-12 p.m. **SWIM LESSONS**
One Lap Lane
Adults Only Lazy River & Hot Tub
- 12-5:30 p.m. **OPEN SWIM**
No Lap Lanes
All Pools, Hot Tub & Slides

SUNDAY

- 8-10 a.m. **ADULTS ONLY**
Lap Lanes
Wellness Pool, Lazy River & Hot Tub
- 10 a.m.-12 p.m. **MODIFIED OPEN**
Lap Lanes
All Pools & Hot Tub
- 12-5:30 p.m. **OPEN SWIM**
No Lap Lanes
All Pools, Hot Tub & Slides

