



## TRAIL WINDS RECREATION CENTER WINTER-SPRING POOL SCHEDULE

**Reservations are required in advance for aqua fitness classes and weekend Open Swim times.**

Please note that we will continue to have time blocks and adult only swimming times. Each pool has a limited capacity for each time block and is first-come, first-serve. Please be considerate of those that are waiting to use a lane or other pools. Two swimmers per lane for lap swim. Starting at opposite ends and stopping at opposite ends. Please see reverse side for a complete list of physical distancing guidelines for your safety and the safety of our staff. Capacities can change based on COVID-19 restrictions. We appreciate your complete cooperation and patience as we all move through this pandemic. \*LRO = LAZY RIVER ONLY

MONDAY/WEDNESDAY						
Time	Lap Swim	Wellness	Activities Pool/ Lazy River	Aqua Fitness	Open Swim	Slides
<b>7-8 a.m.</b> ADULTS ONLY	8	8	16			
<b>8-9:15 a.m.</b> ADULTS ONLY	Monday = 8 Wednesday = N/A	8	Monday = 16 Wednesday = 16	Monday = N/A Wednesday = 16		
<b>9:30-10:30 a.m.</b> ADULTS ONLY	8	8	8 (LRO)	8		
<b>10:45 a.m.-12:45 p.m.</b>	8				22	
<b>1-3 p.m.</b>					25	Open
<b>3:15-5:15 p.m.</b>					25	Open
<b>5:30-7 p.m.</b>	8				25	Open

TUESDAY/THURSDAY						
Time	Lap Swim	Wellness	Activities Pool/ Lazy River	Aqua Fitness	Open Swim	Slides
<b>7-8 a.m.</b> ADULTS ONLY	8	8	16			
<b>8-9 a.m.</b> ADULTS ONLY		8	16	16		
<b>9:15-11:15 a.m.</b>	8	8	16 (LRO)			
<b>11:30 a.m.-12:30 p.m.</b>	8				22	
<b>12:45-2:30 p.m.</b>	8				22	
<b>2:45-4:45 p.m.</b>	8				22	

FRIDAY						
Time	Lap Swim	Wellness	Activities Pool/ Lazy River	Aqua Fitness	Open Swim	Slides
<b>7-8 a.m.</b> ADULTS ONLY	8	8	16			
<b>8:15-9:15 a.m.</b> ADULTS ONLY	8	8	16			
<b>9:30-10:30 a.m.</b> ADULTS ONLY	8	8	8 (LRO)	8		
<b>10:45 a.m.-12:45 p.m.</b>	8				22	
<b>1-3 p.m.</b>					50	Open
<b>3:15-5:15 p.m.</b>					50	Open
<b>5:30-7 p.m.</b>					50	Open

SATURDAY/SUNDAY						
Time	Lap Swim	Wellness	Activities Pool/ Lazy River	Aqua Fitness	Open Swim	Slides
<b>8-9:45 a.m.</b> ADULTS ONLY	8	Saturday = 8 Sunday = 8	Saturday = 8 (LRO) Sunday = 16	Saturday = 8 Sunday = N/A		
<b>10 a.m.-12 p.m.</b>	<b>SATURDAY</b> Swim Lessons • <b>SUNDAY</b> Lap Swim (8 people) and Open Swim (17 people)					
<b>12:30-2 p.m.</b>					50	Open
<b>2:15-3:45 p.m.</b>					50	Open
<b>4-5:30 p.m.</b>					50	Open

# POOL AREA COVID-19 PRECAUTIONS

**Our team will be monitoring the pools and pool area to ensure that everyone is adhering to COVID-19 requirements put forth by the Center for Disease Control (CDC) and Tri-County Health Department (TCHD).**

Nuestro equipo supervisará las piscinas y el área de la piscina para garantizar que todos cumplan con COVID-19 requisitos establecidos por el Centro para el Control de Enfermedades (CDC) y el Departamento de Salud de Tri-County (TCHD).

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**Maintain six foot physical distancing with anyone outside your household.**

**Children must stay with their families at all times.**

Mantenga un distanciamiento físico de seis pies con cualquier persona fuera de su hogar.

Los niños deben permanecer con sus familias en todo momento.

**Stay home if you are feeling ill or experiencing any flu-like symptoms.**

Quédese en casa si se siente enfermo o experimenta síntomas similares a los de la gripe.

**Masks MUST be worn at all times, during all activities (excluding swimming) by all patrons 11 years of age and older.**

Se DEBEN usar máscaras en todo momento durante todas las actividades (excluyendo natación) para todos los clientes mayores de 11 años.

**Restrooms will be open with limited lockers.**

**Showers are only available for showering before swimming.**

Los baños estarán abiertos, pero los vestuarios estarán cerrados.

**Pool equipment can be checked out for use or you may bring your own.**

**Please bring your own water bottle.**

Hay artículos de piscina disponibles para su uso o puede traer su propio equipo.

Por favor traiga sus propios botella de agua.

**Children five years and younger must be accompanied into the water by an individual 14 years or older and must remain within arm's reach at all times.**

**Children 6-11 years must be accompanied by someone 12 years or older in the pool area.**

Niños menores de cinco años de edad deben estar acompañados dentro del agua por una persona mayor de 14 años y deben permanecer al alcance de la mano en todo momento.

Niños de 6 a 11 años de edad deben estar acompañados por alguien mayor de 14 años en el área de la piscina.

**All patrons must pay whether swimming or not.**

Todos los clientes deben pagar si nadan o no.

**Please wash your hands frequently. Several hand sanitizing stations are available.**

Por favor, lávese las manos con frecuencia. Varias estaciones de desinfección de manos están disponibles.

**During open swim times families with young children will be required to remain together at all times.**

Durante los horarios de natación abiertos, se requerirán familias con niños pequeños para permanecer juntos en todo momento.

**Pool will be closed at designated times for cleaning throughout the day.**

La piscina estará cerrada en los horarios designados para la limpieza durante todo el día.