



AIR* is in the Spring!



*(AIR) Adaptive & Inclusive Recreation Programming

➤ AIR Art Pop-Ups for All Abilities AGES 6+

Complete unique, tactile art projects with the guidance of artist Shirlee Miyake. Art for All Abilities is the perfect time to stretch your creativity and work on fine motor skills. Classes are designed to include people of all abilities. Fee includes supplies. Fees: \$10R/\$12NR

Ages 6-12

119620-A1	We	Mar 4	4-5:30 p.m.	CRC
119620-A2	Su	Mar 29	1:30-3 p.m.	CRC

Ages 13+

119620-B1	Th	Apr 2	4-5:30 p.m.	CRC
119620-B2	Su	Apr 19	1:30-3 p.m.	CRC

➤ AIR Culinary Creations AGES 16+

This cooking class adapts to the needs of individuals with disabilities, but all abilities are welcome to register. Each week we will prepare and enjoy a different recipe. Recipes will help develop cooking skills and offer ideas you can recreate at home. Fees: \$45R/\$54NR

189120-A	Mo	Mar 30-Apr 27	4-5:30 p.m.	TCB
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AIR Rock Climbing AGES 5+

AIR is partnering with the National Sports Center for the Disabled (NSCD) to provide the gear needed so everyone is able to work their way to the top. Registration and paperwork is required at least three weeks in advance. Be sure to register for standard or adaptive gear.

If you are unsure which section to register for, please call Becky at 720-977-5702. Fees: \$10R/\$12NR

Adaptive Climbing Gear

169920-A	Sa	Mar 28	2-4 p.m.	TWRC
269920-A	Sa	May 9	2-4 p.m.	TWRC

Standard Climbing Gear

169921-A	Sa	Mar 28	2-4 p.m.	TWRC
269921-A	Sa	May 9	2-4 p.m.	TWRC

➤ AIR Special Olympics Soccer AGES 8+

Explore and learn the fundamentals of soccer! If you choose to play in the tournament at the end of May, Special Olympics medical forms must be up to date. These can be accessed at www.specialolympicsco.org. Fees: \$42R/\$50.40NR

Free Clinic	Tu	Apr 7	5-6 p.m.
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Ages 8-15

269925-A	Tu	Apr 14-May 26	5-6 p.m.
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Ages 16+

269925-B	Tu	Apr 14-May 26	5-6 p.m.
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Contact Becky Post at 720-977-5702 if you are interested in playing as a unified partner.



➤ AIR Play Group AGES 3-9

Join us for this monthly gathering for parents of young children with a disability to network and give their children a chance to play together. Siblings welcome. This group has great potential depending on the interest of families! To RSVP, please call Becky at 720-977-5702. Free!

Sa	Mar 14, May 9	3:30-4:30 p.m.	TWRC
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➤ AIR Not Your Average Bingo

Each month we will play a new and engaging version of this game that gets you thinking and socializing. This program is designed to include people of all abilities. There will be prizes! Registration not required, but RSVP in advance. Fees: \$5R/NR payable at the front desk

CHARADES BINGO | Friday, March 27 4-5:30 p.m.

Carpenter Recreation Center ~ Multipurpose Room C

➤ AIR Youth & Teen Night AGES 10-21

Come hang out with friends as Thornton AIR and the Center for People with Disabilities partner to bring fun social activities designed to include people of all abilities. Snacks will be provided. Fees: \$5R/NR (50% discount for family)

Cinema Night

169405-B	Fr	Apr 17	6:30-8:30 p.m.	TWRC
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➤ AIR Gymnastics AGES 4+

Learn gymnastics skills for all the Olympic events: Vault, High Bar, Uneven Bars, Parallel Bars, Pommel Horse, Rings, Floor Exercise, Balance Beam and Tumble Trak (trampoline). This class is designed to meet the needs of gymnasts of all abilities. Resident Registration: March 18 at 7 a.m.; Nonresident registration: March 19 at 7 a.m. Fees: \$47.25R/\$56NR

Ages 4-12

117180-3A	Su	Mar 29-May 10	4-5 p.m.	CRC
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Ages 13+

117180-3B	Su	Mar 29-May 10	5-6 p.m.	CRC
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(CRC) Carpenter Recreation Center, 11151 Colorado Blvd. (TCB) Thornton Community Building, 2141 E. 95th Ave (TWRC) Trail Winds Recreation Center, 13495 Holly St.

For more information on any of our AIR programs or activities, please contact Becky at 720-977-5702 or Becky.Post@ThorntonCO.gov.