

# Adult & Youth Enrichment

January-April 2021



**THORNTON**  
PARKS, RECREATION & COMMUNITY PROGRAMS



[thorntonparks.com](http://thorntonparks.com) • 303-538-PARK (7275)

# THORNTON ADULT & YOUTH ENRICHMENT

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### Active Adult Center (AAC)

11181 Colorado Blvd.

### Carpenter Recreation Center (CRC)

11151 Colorado Blvd.

### Thornton Community Center (TCC)

2211 Eppinger Blvd.

### Trail Winds Recreation Center (TWRC)

13495 Holly St.

## WINTER SESSION REGISTRATION DATES

All enrichment classes qualify for Ongoing Registration.

This allows you to register for enrichment classes beginning on Tuesday, December 1 at 7 a.m. *If we experience any closures, we will continue to offer classes virtually.*

***These programs are taught by a contractual instructor who plans the program based upon the number of students registered 48 hours prior to the start of the program. Therefore, we cannot grant refund, credit or transfer requests after 48 hours prior to the start of the class.***

## ADULT ENRICHMENT

### ■ ARTS & CRAFTS

#### BEGINNING POTTERY

An introduction to the techniques of hand-building, wheel throwing, surface design and glazing techniques will be covered. Classes are designed to be repeated in order for students to grasp the concepts of working with clay. Clay is available for purchase at first class, prices range from \$10-\$11 per 25lb. bag.

**AGES 18+** ..... Fees: \$82R/\$86NR

436231-A	Tu	Jan 12-Feb 16	6-8 p.m.	AAC
436231-B	Tu	Mar 9-Apr 13	6-8 p.m.	AAC

**Ages 62+ Moderate hand strength required.** ..... Fees: \$67R/\$70NR

431211-A	Tu	Jan 12-Feb 16	12-2 p.m.	AAC
431211-B	Tu	Jan 12-Feb 16	3-5 p.m.	AAC
431211-C	Tu	Mar 9-Apr 13	12-2 p.m.	AAC
431211-D	Tu	Mar 9-Apr 13	3-5 p.m.	AAC

## DRAWING INTO PAINTING

Using acrylics, watercolors and inks on a variety of surfaces. All materials provided. All experience levels are welcome. Taught by Janet Woelfle, artist and retired art teacher. Fees: \$60R/NR

431203-A	Th	Jan 21-Feb 25	1-3 p.m.	TWRC
431203-B	Th	Mar 18- Apr 22	1-3 p.m.	TWRC

## ZENTANGLE

This is an easy-to-learn relaxing process of drawing beautiful images using structured patterns. Fees: \$30R/\$32NR

431215-A	Tu	Jan 12	9:30 a.m.-12 p.m.	TWRC
431215-B	Sa	Feb 6	9:30 a.m.-12 p.m.	TWRC
431215-C	Tu	Mar 9	5:30-8:30 p.m.	TWRC

## CROCHET

Learn to create new crochet projects. See the two topics below.

Fees: \$25R/\$28NR

### Crochet Blanket Class

436250-A	Sa	Mar 13	9:30 a.m.-12:30 p.m.	TWRC
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### Crochet Appliques Class

436414-A	Mo	Apr 5	5:45-7:45 p.m.	TWRC
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## ■ CULINARY

### VEGETARIAN DISH

Interested in trying something new? Create a unique vegetarian dish.

Fees: \$32R/\$34NR

436841-A	We	Jan 13	2-4:30 p.m.	(62+) AAC
436841-B	We	Jan 13	6-8:30 p.m.	(18+) AAC

### HOMEMADE SOUPS

Learn to get creative with what you see in your cupboards and refrigerator.

Create a warm, winter soup. Fees: \$32R/\$34NR

436842-A	We	Jan 20	6-8:30 p.m.	AAC
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### PARENT/CHILD CUPCAKE WORKSHOP | AGES 7-13/AGES 18+

Partner up with your little one to create and decorate cupcakes of all different flavors. Two children allowed per adult. Fees: \$15R/NR per person

436840-A	Sa	Jan 23	1-3:30 p.m.	AAC
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### CHOCOLATE DESIGN

Learn how to create a bowl and basket out of chocolate and other goodies. Fill them with sweets and treats for your special someone this Valentine's Day.

Fees: \$32R/\$34NR

436843-A	We	Feb 10	6-8:30 p.m.	AAC
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**Classes are subject to change based on the current COVID-19 restrictions. Please visit [webtrac.thorntonparks.com](http://webtrac.thorntonparks.com) for active class offerings or call 303-255-7800, Mo-Fr, 8 a.m.-5 p.m. for assistance.**

## ADULT CULINARY CONTINUED

### PARENT/CHILD VALENTINE'S DAY COOKIES | AGES 7-13/AGES 18+

Partner up with your little one to create and decorate fun Valentine's Day cookies. Two children allowed per adult. Fees: \$15R/NR per person.

436840-B      Sa              Feb 13                      1-3:30 p.m.                      AAC

### WINE & CHEESE

Ever wonder exactly what cheese to pair with what wine? Learn and taste a few different options to get ready for your next small gathering. Fees: \$38R/\$40NR

436844-A      We              Feb 17                      6-8 p.m.                      AAC

### SAVORY STEW

Curl up with this wonderful recipe for a cold season stew. A traditional staple for every winter season. Fees: \$32R/\$34NR

436845-A      We              Feb 24                      6-8:30 p.m.                      AAC

### PARENT/CHILD CAKE POPS | AGES 7-13/AGES 18+

This fun new fad is perfect for any special occasion! Partner up with your little one to learn how to create and decorate cake pops. Two children allowed per adult. Fees: \$15R/NR per person.

436840-C      Sa              Mar 6                      1-3:30 p.m.                      AAC

### ECLAIRS

This delicious pastry can be a challenge. Come learn how to create and stuff this wonderful treat! Fees: \$32R/\$34NR

436846-A      We              Mar 10                      2-4:30 p.m.                      (62+) AAC

436846-B      We              Mar 10                      6-8:30 p.m.                      (18+) AAC

### TRADITIONAL SODA BREAD

Come celebrate the holiday with creating this traditional bread. Fees: \$32R/\$34NR

436847-A      We              Mar 17                      6-8:30 p.m.                      AAC

### EMPANADAS & MARGARITAS

Empanadas can be made savory or sweet. Learn to make both! Ditch that pre-mixed store bought margarita mix for the real deal. Fees: \$38R/\$40NR

436848-A      We              Apr 28                      6-8:30 p.m.                      AAC

### SCONES

For breakfast, or just for a sweet treat. Go home with a few different flavors of scones. Fees: \$32R/\$34NR

436849-A      We              Apr 14                      6-8:30 p.m.                      AAC

### FROSTING SKILLS

Ever wonder how professional make such beautiful swirls, flowers and designs on their baked goods? Wonder no longer! Come and learn new skills for your next decorating adventure. Fees: \$32R/\$34NR

436850-A      We              Apr 21                      6-8:30 p.m.                      AAC

## ■ ADULT DANCE CLASSES

### LINE DANCING

Line Dance classes are a fun way of getting exercise, and getting to know new people. It's just not country western music any more. It's pop, swing, rock and roll, salsa and jazz. Dance socks will be available for purchase for \$5 in class, or bring your own. Fees: \$16R/\$18NR

#### Beginning Line Dance

436309-A	We	Jan 6-27	10-11 a.m.	TWRC
436309-B	We	Feb 3-24	10-11 a.m.	TWRC
436309-C	We	Mar 10-31	10-11 a.m.	TWRC
436309-D	We	Apr 7-28	10-11 a.m.	TWRC

#### Intermediate Line Dance

436311-A	We	Jan 6-27	8:45-9:45 a.m.	TWRC
436311-B	We	Feb 3-24	8:45-9:45 a.m.	TWRC
436311-C	We	Mar 10-31	8:45-9:45 a.m.	TWRC
436311-D	We	Apr 7-28	8:45-9:45 a.m.	TWRC

#### Judy's Beginning Line Dance

436310-A	Mo	Jan 4-25	1:30-2:30 p.m.	AAC
436310-B	Mo	Feb 1-22	1:30-2:30 p.m.	AAC
436310-C	Mo	Mar 8-29	1:30-2:30 p.m.	AAC
436310-D	Mo	Apr 5-26	1:30-2:30 p.m.	AAC

### BELLY DANCING

Body isolations, coordination and balance will be worked on while learning basic hip, chest and footwork patterns. Please bring your own yoga mat and hip scarf. Fees: \$42R/\$45NR

436703-A	Mo	Jan 4-25	6-7 p.m.	AAC
436703-B	Mo	Feb 1-22	6-7 p.m.	AAC
436703-C	Mo	Mar 8-29	6-7 p.m.	AAC
436703-D	Mo	Apr 5-26	6-7 p.m.	AAC

## ■ DIABETES SELF-EMPOWERMENT

Join us for a free series of four, two-hour long diabetes group classes. These classes will help you to develop the tools you need to better manage your diabetes. Our classes are interactive and involve lively discussions. You are welcome to attend one or all four classes. Feel free to bring your friend or family member for support. Classes will be led by a registered dietitian from the Tri-County Health Department. Free! Pre-registration is required.

418305-A	Tu	Jan 5-Feb 23	1:30-2:30 p.m.	VIRTUAL
418305-B	Fr	Feb 5-Mar 26	12-1 p.m.	VIRTUAL
418305-C	Tu	Mar 9-30	1:30-3:30 p.m.	TWRC
418305-D	Fr	Apr 9-30	12-2 p.m.	TWRC

## ■ FINANCIAL WORKSHOPS

### PERSONAL FINANCE FOR HIGH SCHOOL STUDENTS

Learn why its important to manage your money. Learn about budgeting, credit cards, student loans and saving. This workshop is geared-towards-students in their junior and senior years. Fees: \$35R/\$37NR

436342-A	Sa	Jan 9	10 a.m.-12:30 p.m.	TWRC
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### IT'S ALL ABOUT THE BUDGET, BABY!

Learn essential tools for successful budgeting. This workshop will answer the "how" and "why". Fees: \$25R/\$27NR

436339-A	Sa	Feb 6	10-11:30 a.m.	VIRTUAL
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### FOUNDATIONS IN PERSONAL FINANCE HEALTH

Learn more about goal setting and budgets. Fees: \$35R/\$37NR

436341-A	Mo	Apr 26	5:45-8 p.m.	TWRC
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### THE WHOLE FINANCIAL PACKAGE

Learn how to establish savings and get out of debt. We will also discuss retirement. Fees: \$40R/\$42NR

436340-A	Sa	Jan 23	8:30 a.m.-12:30 p.m.	TWRC
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436340-B	Sa	Mar 13	8:30 a.m.-12:30 p.m.	TWRC
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### LONG-TERM CARE INSURANCE

Learn the basics of long-term care insurance and why you should start investing in yourself today. Fees: \$5R/\$6NR

431217-A	Sa	Jan 16	10-11 a.m.	VIRTUAL
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431217-B	Tu	Feb 23	10-11 a.m.	TWRC
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431217-C	Mo	Mar 15	6-7 p.m.	VIRTUAL
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431217-D	Mo	Apr 12	6-7 p.m.	TWRC
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### LEARN THE TRUTH ABOUT REVERSE MORTGAGE

If you are over the age of 62, and own a home, find out all of the many variations and options within the reverse mortgage. Fees: \$10R/\$12NR

436921-A	Mo	Jan 18	5:30-7:30 p.m.	VIRTUAL
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436921-B	Th	Feb 11	9-11 a.m.	TWRC
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436921-C	Tu	Mar 16	1-3 p.m.	TWRC
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436921-D	Sa	Apr 10	9-11 a.m.	VIRTUAL
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### WOMEN'S SAFETY & SELF DEFENSE WORKSHOP

Take this important step in increasing your own personal safety. This virtual educational program will help women feel empowered and confident.

*At the time of printing, details for this class were not yet complete. Please call 303-255-7800 or visit [gocot.net/aac](http://gocot.net/aac) for further details as the develop.*

## ■ HUNTER SAFETY INTERNET CONCLUSION COURSE

Students complete a portion of the course online at their convenience. This must be completed before the classroom portion. Spend five hours in the classroom followed by live firing exercise (off-site). We will cover Colorado laws and regulations, have hands-on exercises and end with a written test. Fees: \$10R/NR

Su	Jan 17	1-6 p.m.	CRC
Su	Feb 21	1-6 p.m.	CRC
Su	Mar 21	1-6 p.m.	CRC
Su	Apr 25	1-6 p.m.	CRC

To register visit: <http://register-ed.com/programs/colorado/99-colorado-hunter-education-internet-conclusion-course>.

## ■ NUTRITION SERIES

### WEIGHT MANAGEMENT "WIZARDRY"

While there is no "magic bullet" for weight loss, there are many new breakthroughs that can help us win the battle of the bulge. Learn some of the recent findings about the effectiveness of popular diets and herbal supplements. Fees: \$7R/\$8NR

416904-A	Th	Jan 7	9-10 a.m.	VIRTUAL
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### CHANGE PLEASE

Change can be uncomfortable and something that we resist. We often think of change as a negative thing, but did you know that it actually has some mental and physical benefits? In this class, you will learn how change can affect your health and skills to help you cope with and embrace change. Fees: \$7R/\$8NR

416904-B	We	Feb 10	6-7 p.m.	CRC
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### FROZEN FOOD HACKS

Go into the frozen food section of your grocery store and you are bombarded with choices...many of which are not very healthy for us. This class will provide you with shopping advice and some tasty ideas for making quick and healthy meals from frozen foods. Fees: \$7R/\$8NR

416904-C	Tu	Mar 9	9-10 a.m.	CRC
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### AGE-PROOF YOUR BODY

Aches and pains, loss of flexibility, weight gain: it's hard to get old! Is there anything you can do to stop the aging process? While we cannot stop the changes that come with aging, what we eat and the exercises we do can help to minimize the effects. Specific foods and exercises will be discussed. Fees: \$7R/\$8NR

416904-D	We	Apr 7	6-7 p.m.	CRC
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## ■ PARENTING CLASSES FOR PARENTS OF CHILDREN AGES 3-7

### REAL ESSENTIALS MOTHERHOOD WORKSHOP

This course was designed by moms, for moms, to encourage one another throughout the motherhood experience. Research indicates that social connection improves your physical, mental and emotional well-being. This workshop will enhance your communication strategies, stress and time management skills and change your overall self-concept. Classes will be led by a trained Registered Nurse from Tri-County Health Department. Use of our facility child care will be offered. Fees for child care are \$3/hour for first child, \$1.50/hour per additional child. Pre-registration is required for this free class. *No class April 14.*

418302-A	We	Jan 13-Mar 3	12-1 p.m.	CRC
418302-B	We	Mar 24-May 5	10-11:30 a.m.	CRC

### PARTNERS IN PARENTING EDUCATION

Looking for something fun to do with your little ones? Tri-County Health Department (TCHD) will host this FREE parenting babies and tots support class. Bring your baby or toddler age 0-3 years for games, crafts and snack while you build new friendships with other mothers. This group will be led by a trained Registered Nurse from TCHD. Drop-in, no registration needed. Free!

Wednesdays, beginning March 3, 2021			10-11:30 a.m.	TCB
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### POSITIVE DISCIPLINE STRATEGIES

Learn effective strategies to use positive discipline techniques. Fees: \$13R/\$15NR

436416-A	We	Feb 24	6-7 p.m.	TWRC
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### MORNING AND BEDTIME ROUTINES

Learn effective strategies to overcome bedtime and morning time struggles. Walk away with tools to help your kids ease into a more stress-free routine. This workshop is facilitated by Jenita Lyons who is a busy working mom, certified Health Coach, positive parenting facilitator and holds a masters in community health education. Fees: \$13R/\$15NR

436414-A	Mo	Mar 22	6-7 p.m.	TWRC
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## ■ REAL ESTATE COURSES

### FUNDAMENTALS OF REAL ESTATE INVESTING: HOW TO TAKE ADVANTAGE OF THIS BUYER'S MARKET AND PROFIT IN REAL ESTATE

Be your own boss and never get fired! Learn how to buy homes at foreclosure sales, how much money is needed and how to bid. Learn how to get 10% or more on your money, 1031 Exchanges and Reverse Exchanges, and how to reduce your income taxes. You can get cash flow starting day one. Learn an analytical approach to investing and how to invest in cash flow mini storages. An individual meeting with the instructor is included. The instructor, Jim Flint, CRS, has over 35-years experience with real estate in five states. If you have questions, please call Jim Flint at 303-759-2222. There is a \$20 material fee due to instructor at time of class. Fees: \$5R/\$6NR

416915-A	Tu	Mar 2	5:45-9 p.m.	CRC
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## MANAGING YOUR RENTAL PROPERTIES: LEARN HOW TO AVOID TROUBLE & VACANCIES

Learn how to screen your prospective tenants and keep the bad ones out. Be aware of “dos and don’ts” when dealing with tenants. If you must evict, how? Have a pool of qualified service people that respond quickly. We’ll explain how to keep your property rented when others have vacancies. We also review the Fair Housing Laws. Is professional property management for you? Included is a copy of a lease used in over 400 housing units. This class is taught by Jim Flint, CRS, a veteran with over 35-years experience in Denver investment real estate, and Tyler Howell 10-year veteran property manager that currently manages over 400 units. If you have questions, please call Jim Flint at 303-759-2222. There is a \$20 material fee due to instructor at time of class. Fees:\$5R/\$6NR

416914-A	Th	Mar 4	5:45-9 p.m.	CRC
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### WILLMAKER LEGAL SEMINAR

In a single easy session, you’ll complete a will, financial power of attorney and combined medical directive which includes a living will, medical power of attorney and organ donation with the help of attorney Rebecca L. Bennetti and her staff. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions. Fees: \$125R/\$150NR

416900-A	Th	Jan 14	6-9 p.m.	CRC
416900-B	Tu	Feb 9	1-4 p.m.	CRC
416900-C	Sa	Mar 13	1-4 p.m.	CRC
416900-D	We	Apr 21	1-4 p.m.	CRC

## ■ TECHNOLOGY CLASSES

### ANDROID SMARTPHONE LAB

Make an appointment to come and solve your Android phone problems.  
Fees: \$12R/\$14NR

431123-A	Th	Jan 14	10-10:30 a.m.	AAC
431123-B	Th	Jan 14	10:30-11 a.m.	AAC
431123-C	Th	Jan 14	11-11:30 a.m.	AAC
431123-D	Th	Jan 14	11:30 a.m.-12 p.m.	AAC
431122-A	Tu	Feb 9	10-10:30 a.m.	TWRC
431122-B	Tu	Feb 9	10:30-11 a.m.	TWRC
431122-C	Tu	Feb 9	11-11:30 a.m.	TWRC
431122-D	Tu	Feb 9	11:30 a.m.-12 p.m.	TWRC
431123-E	Th	Mar 11	10-10:30 a.m.	AAC
431123-F	Th	Mar 11	10:30-11 a.m.	AAC
431123-G	Th	Mar 11	11-11:30 a.m.	AAC
431123-H	Th	Mar 11	11:30 a.m.-12 p.m.	AAC
431122-E	Tu	Apr 13	10-10:30 a.m.	TWRC
431122-F	Tu	Apr 13	10:30-11 a.m.	TWRC
431122-G	Tu	Apr 13	11-11:30 a.m.	TWRC
431122-H	Tu	Apr 13	11:30 a.m.-12 p.m.	TWRC

## TECHNOLOGY CLASSES CONTINUED

### PRIVATE ONE-ON-ONE COMPUTER INSTRUCTION

Use our computers, bring your laptop or Android phone to learn whatever you want. Call 720-977-5777 or 303-255-7850 to make an appointment.  
Hourly Fees: \$30R/\$35NR. Locations: AAC/TWRC and Virtual

### LAPTOP WORKSHOPS

Call 720-977-5777 or 303-255-7850 to make an appointment.

Jan 12, Mar 9 TWRC

Feb 11, Apr 8 AAC

## ■ WELLNESS CLASSES

### MASTER YOUR METABOLISM WITH ESSENTIAL OILS

Learn what essential oils are and how to use them safely in helping your metabolism. Fees \$30R/\$33NR

436421-A We Jan 20 5:45-6:45 p.m. TWRC/VIRTUAL

### NATURAL CLEANING PRODUCTS

Learn the basics of cleaning with essential oils and leave with practical how-to tips and your own bathroom scrub. Fees: \$27R/\$30NR

436419-C Sa Apr 10 9:30-10:30 a.m. TWRC

### ESSENTIAL OILS 101

Learn about essential oils, what they are, how they work and how to use them effectively. Fees: \$20R/\$23NR

436418-A Sa Feb 13 9:30-10:30 a.m. TWRC

### ENERGY CODES

Learn how to stay calm on the inside, despite the craziness on the outside!  
Fees: \$25R/\$27NR

436413-A Tu Feb 16 5:45-7:45 p.m. TWRC

436413-B Sa Apr 24 9:30-11:30 a.m. VIRTUAL

### GRIEF RECOVERY ACTION CLASS

People dealing with any type of loss have benefited from this class. In this 8-week program, you will learn how to complete the relationship and live a fuller life. Taught by Regula Grenier, a certified grief recovery method instructor.

Fee: \$195R/NR

438401-A Tu Jan 19-Mar 9 9-11 a.m. TWRC

# YOUTH ENRICHMENT

## ■ MY FIRST ABRAKADOODLE CLASS | AGES 1½-4

This "My First" series introduces new art experiences to our Twoosy Doodlers. The focus is on exploration! These activities are designed to provide opportunities for the Twoosys to touch, feel, hear, see and explore while building fine motor skills, language, creativity and cognitive skills. An adult must attend with a child. Supply Fee: \$8R/NR due to the instructor on the first day of class. Fees: \$60R/NR

### TELL ME A STORY

What story does your artwork tell? We'll use Model Magic® to create our own storyteller dolls and more. Our artwork takes on a 3-dimensional effect with shapes that pop off the page.

463700-B      Th      Apr 1- 22      9:30-10:15 a.m.      TWRC

### WOW EFFECTS

This class introduces new art experiences to the youngest of doodlers. Activities are designed to provide opportunities to touch, feel, hear, see and explore.

463701-A      Th      Jan 14-Feb 4      9:30-10:15 a.m.      VIRTUAL

463701-B      Mo      Feb 15-Mar 8      9:30-10:15 a.m.      CRC

### SOMETHING'S FISHY ABOUT OUR ART

From fish signs to colorful underwater scenes to cats dreaming of fish, those scaly swimmers are all around us. Our art is as distinctive as it is sparkly, pearly and full of visual texture! *No class April 12.*

463702-A      Th      Feb 18-Mar 11      9:30-10:15 a.m.      TWRC

463702-B      Mo      Mar 29-Apr 26      9:30-10:15 a.m.      CRC

## ■ MASTER ARTISTS ONLINE CLASS | AGES 3-12

Order an Abakadoodle Do-It-At-Home DoodleKit™ that includes 5 lessons inspired by famous artists and all the art materials needed. These lessons are easy to follow and include online classes taught by our Abakadoodle instructor at no additional cost! Your child will create masterpieces using different art techniques and art materials. Learn about Surrealism, Pop Art, Minimalism and much more. Create a close-up view flower like Georgia O'Keefe! Learn to draw a repeated vibrant image just like Jim Dine and create a cat with simple lines and colors mimicking Joan Miró art. Materials include tempera paint, watercolors, oil pastels, paper, and more! Fees: \$75R/NR

463704-A      Ages 3-5      Mo      Jan 11-Feb 8      10-11:15 a.m.      VIRTUAL

463703-A      Ages 6-12      Sa      Jan 16-Feb 13      10-11:15 a.m.      VIRTUAL

## ■ ABRAKADOODLE DID YOU SAY CLAY? | AGES 5-10

Roll, pinch, pat, press, paint and sculpt your way through this creative series that features projects with Crayola Air-Dry Clay®, Model Magic® and Modeling Clay®. We learn about the cultures of Italy, China, Turkey and Africa's Zulu tribe by making beads, tiles and masks. Sculptors Jean Dubuffet and Lucien den Arend will inspire you to sculpt with colorful shapes and designs. The fun will continue with leapin' lizards, monsters and more! Fees: \$90R/NR

463705-A      Sa      Mar 6-Apr 10      10-11:15 a.m.      TWRC

## ABRAKADOODLE CLASSES CONTINUED

### ■ ABRAKADOODLE EXTREME STEAM ART CAMP | AGES 5-10

School is out so come create! Spend the day with Abrakadoodle and let your imagination and creativity flow! Boys and girls will learn how Science, Technology, Engineering, and Math concepts inspire innovative Art creations! Be an EXTREME artist, explore art techniques, play games and make new friends! Supply fee: \$20 due to the instructor on the first day of class. Fees:\$250R/NR

463706-A      Mo-Fr      Mar 22-26      9 a.m.- 4 p.m.      CRC

### ■ **NEW!** ADVANCED CARE CPR BABYSITTING COURSE | AGES 11-14

This course is designed for the pre-teen and helps them to prepare for those first babysitting opportunities. Students will learn to identify their own responsibilities, personal safety and basic childcare such as routine childcare duties (feeding, bathing, and diapering). They will also learn basic child development and be able to provided activities for the developmental stages. An additional focus will be on home and fire safety, and prevention and treatment of common injuries. Certification in Pediatric CPR/First Aid included. Fees: \$65R/NR

416901-A      Sa      Feb 6      9 a.m.-3 p.m.      CRC

416901-B      Sa      Mar 13      9 a.m.-3 p.m.      TWRC

### ■ GALLERY ON THE GO: ARTSY KIDS | AGES 6-14

Kids love to paint and be creative, but the thought of getting out the craft supplies and cleaning up after makes you twitch! Artsy Kids is perfect for getting the kids out of the house, to socialize and create. Painters follow simple step-by-step instructions. It's not a painting class, it's a painting party! Guaranteed to bring out creativity, fun and laughter! Artwork is pre-selected, but creativity is encouraged! If you have any questions about this course offering, please email Mandy@GalleryOnTheGo.com. Class fee includes all supplies, instruction, snacks and fun! Fees: \$18R/\$22NR

416902-A      We      Jan 20      5:30-7:30 p.m.      CRC

416902-B      We      Feb 17      5:30-7:30 p.m.      CRC

416902-C      We      Mar 17      5:30-7:30 p.m.      CRC

416902-D      We      Apr 21      5:30-7:30 p.m.      CRC

## CLASS LOCATIONS

Active Adult Center . . . . . AAC

Carpenter Recreation Center . . . . . CRC

Thornton Arts & Culture Center . . . . . TACC

Thornton Community Building . . . . . TCB

Thornton Community Center . . . . . TCC

Trail Winds Recreation Center . . . . . TWRC

## ■ JUMPBUNCH: FIT & FUN PARENT-TOT CLASS | AGES 1½-3½

Our movement-based curriculum is specially designed to help your toddler build self-confidence, motor skills, coordination, body control and balance! JumpBunch® provides your toddler the opportunity to explore a wide range of sports, fitness and movement-based activities, while also reinforcing the fundamentals for this age group like colors, shapes, animals, counting and more! Enjoy this time with your child, as you watch them grow, learn and play all while having the time of their life. Fees: \$36R/\$43NR, 4-weeks; \*\$27R/\$32NR, 3-weeks

**Themes: Chicken Toss, Fishing, Winter Parachute, Hula Hoopla | VIRTUAL AGES 1½-7**

417902-A1	We	Jan 6-27	6-6:30 p.m.	VIRTUAL
417900-A2	Th	Jan 7-28	11-11:30 a.m.	VIRTUAL

**Themes: Super Bowl, Cheers, Have A Heart, Scarf Toss**

417900-B1	We	Feb 3-24	5:30-6 p.m.	CRC
417900-B2	Th	Feb 4-25	11-11:30 a.m.	TWRC

**Themes: March Madness, Baggo, Step Aerobics, Ping Pong**

417900-C1	We	Mar 3-31	5:30-6 p.m.	CRC	<i>No class March 24.</i>
417900-C2	Th	Mar 4-Apr 1	11-11:30 a.m.	TWRC	<i>No class March 25.</i>

**Themes: Crazy Races, Field Day, Golf, Flying Discs**

417900-C1*	We	Apr 7-28	5:30-6 p.m.	CRC	<i>No class April 14.</i>
417900-C2	Th	Apr 8-29	11-11:30 a.m.	TWRC	

## ■ JUMPBUNCH: INTRO TO SPORTS | AGES 3½-7

JumpBunch® gets children active and engaged through exploration and hands on learning. Our preschool curriculum encourages movement and play by introducing a wide-range of sports while providing children the opportunity to explore their bodies and abilities. You will notice your child's physical and emotional being evolve which will start them on the path of living a healthy and happy life.

**Themes: Chicken Toss, Fishing, Winter Parachute, Hula Hoopla**

*Please see activity 417902-A1 and 417900-A2 above.*

**Themes: Super Bowl, Cheers, Have A Heart, Scarf Toss**

417902-B1	We	Feb 3-24	6-6:30 p.m.	CRC	\$36R/\$43NR
417902-B2	Th	Feb 4-25	10:15-11 a.m.	TWRC	\$40R/\$48NR

**Themes: March Madness, Baggo, Step Aerobics, Ping Pong**

417902-C1	We	Mar 3-31	6-6:30 p.m.	CRC	\$36R/\$43NR
<i>No class March 24.</i>					
417902-C2	Th	Mar 4-Apr 1	10:15-11 a.m.	TWRC	\$40R/\$48NR
<i>No class March 25.</i>					

**Themes: Crazy Races, Field Day, Golf, Flying Discs**

317902-C1	We	Apr 7-28	6-6:30 p.m.	CRC	\$27R/\$32NR
<i>No class April 14.</i>					
417902-C2	Th	Apr 8-29	10:15-11 a.m.	TWRC	\$40R/\$48NR

## ■ KINDERMUSIK | AGES 1-5

### MIRA, ROYAL DETECTIVE EXPERIENCE | AGES 2-5

Who's ready to rock out with Disney Junior? Join Mira and Kindermusik for this one-of-a-kind music and movement class where we'll travel to a magical Indian-inspired world, sing, dance, learn, and solve mysteries together. Spaces are limited, so grab yours today! Fee: \$15R/NR

413702-A Tu Mar 16 10:15-11 a.m. TWRC

### LEVEL 1 | AGES 1-2

Is your baby walking - walking - walking? No need to sit in the circle, Kindermusik understands that walkers need to get up and move around the room! You and your new walker will love singing, listening, instrument play, storytime, pretend play and creative movement. A \$10 Kindermusik MP3 fee is due at first class. Fees: \$50R/\$60NR

#### Playtime

From *Pop! Goes the Weasel* to *Gang-Goo Went The Little Green Frog*; your one-year-old will learn from the repetition as we sing, play and do it again!

413700-A Tu Jan 12-Feb 2 9:15-10 a.m. VIRTUAL

#### I Can Do That!

Boost your toddler's skills and confidence as we clap, stomp and move to the beat and even dance a one-year-old's *Hokey-Pokey*!

413700-B Tu Feb 9-Mar 2 9:15-10 a.m. TWRC

#### Big Backyard

A park theme is relatable inspiration for exploring gross motor movements like grasshoppers hopping, and fine motor movements like toes wiggling in the sand.

413700-C Tu Apr 6-27 9:15-10 a.m. TWRC

### LEVEL 2 | AGES 2-3

This class is for busy parents trying to bond with your even busier tots! You'll cherish "our time" to sing, listen, explore instruments, enjoy literature and discover movement - together! A \$10 Kindermusik MP3 fee is due at first class. Fees: \$50R/\$60NR

#### Silly All Over

As the music cues us for stop-and-go or up-and-down, you and your toddler will get silly with sound like boing, rattle and squeak, and count backwards with *Five Little Monkeys*!

413701-A Tu Jan 12-Feb 2 10:15-11 a.m. VIRTUAL

#### Marvelous Me

Encourage your toddler's exploration of self-awareness and self-esteem as we practice moving in personal space, labeling body movements like up-and-down, and following directions in *Head, Shoulders, Knees & Toes*.

413701-B Tu Feb 9-Mar 2 10:15-11 a.m. TWRC

## Down On The Ground

Let nature be your toddler's guide as we discover the creatures who live on the ground. From squirrels to bunnies to bears, the music will lead you and your toddler through animal movements and sounds.

413701-C Tu Apr 6-27 10:15-11 a.m. TWRC

## ■ PLAY-WELL TEKNOLOGIES | AGES 5-10

### STEM FUNDAMENTALS WITH LEGO®

Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Design and build as never before and explore your craziest ideas. Creators cannot take projects home.

Fees: \$88R/NR

413713-A We Jan 20-Feb 10 4-5:30 p.m. CRC

### MINECRAFT ENGINEERING WITH LEGO®

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a Creeper, a Lava Trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor. Creators cannot take projects home. Fee: \$88R/NR

413714-A We Feb 24-Mar 17 4-5:30 p.m. CRC

### Jedi Engineering with LEGO®

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles with LEGO® materials as we construct the Ewok Village on Endor, fly through space on our X-Wings, and defend the Echo Base on Hoth. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Creators cannot take projects home.

Fees: \$30R/NR

413715-A Sa Apr 24 9 a.m.-12 p.m. CRC

# NOTES:

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*Revised December 21, 2020*



**THORNTON**  
PARKS, RECREATION & COMMUNITY PROGRAMS

